

# **Spiritual Direction Consent Form**

For Spiritual Direction with Rev. Dr. Pilar Gateman

## **My Contact information**

Name: Pilar Gateman Confidential cell: 403-634-8950  
Protected email: [revpilar@gmail.com](mailto:revpilar@gmail.com) Timezone: Mountain Standard

Please fill out each section in this form as completely as you can.

## **Basic Contact Information**

\*First Name : \_\_\_\_\_ \*Last Name: \_\_\_\_\_

\*Address: \_\_\_\_\_

\*City: \_\_\_\_\_ \*State/Province: \_\_\_\_\_

\*Zip/Postal Code: \_\_\_\_\_

\*Country: \_\_\_\_\_ \*Timezone: \_\_\_\_\_

\*Email Address: \_\_\_\_\_

\*Phone : \_\_\_\_\_

**Which is your preferred way to be received communication?**

Text \_\_\_\_\_ Email \_\_\_\_\_ Phone call \_\_\_\_\_

Birthdate: \_\_\_\_\_

## **Emergency Information:**

**\*Emergency Contact:**

Name - \_\_\_\_\_ Phone: \_\_\_\_\_

**Are you currently under a doctor's care? \_\_\_\_\_ Yes \_\_\_\_\_ No**

*Share any details you feel are relevant.*

**Primary Care physician**

**Does your Emergency Contact have all the information necessary to contact anyone from whom you are receiving care? \_\_\_\_\_ Yes \_\_\_\_\_ No**

**Is there anything else I should know in case of an emergency?**

## **Getting to know you**

The following questions will give me a sense of who you are and where you are in your journey. Please answer as much as you are comfortable answering.

**Why are you seeking spiritual direction at this time?**

**Would you write a short historical timeline of your life, places you've lived.**

... describe your relationship with your mother or father or family that you feel is key

**Do you have Children?** (If yes, please list them and/or your relationship as is relevant)

**Do you have a faith story?** (It is helpful for me to know how you came to faith, or where you feel your faith is now and how you feel you arrived in this place)

**What else would you like me to know about you?**

### **Fees and Payment**

These can be found on my website. I am happy to discuss options for those with financial concerns.

<https://www.ftwspiritualdirection.com/services-fees-payment>

**Thank you for trusting me with this information.**

This information will be kept strictly confidential. *The only exception to this will be if you are in danger of causing harm to yourself, to me or someone else. In that case I will call your emergency contact or other emergency personnel as needed to best help you.*